



### Special Points of Interest

- \* Belfast Congress 2017
- \* W FCCN  
Brisbane Declaration

### Council Meeting, Ljubljana, Slovenia

The Autumn Council meeting took place in Ljubljana on 8-9 October. EfCCNa was invited on behalf of the two national critical care societies and their representatives Drago Satosek and Dejan Dobersek. Read a short summary of the meeting.

- \* Eva Akerman from Stockholm was introduced as the new Swedish representative.
- \* As part of the new communication strategy all national member associations are expected to send in an annual report about the most important activities happened in the last year.
- \* Upcoming Elections in February 2017: Treasurer, President and a board member.
- \* EfCCNa fully endorses the SIAARTI's statement about the war in Syria (*see document in NL*)

### Inside this issue:

Congress 2017  
ESNO and EfCCNa

2 An **ESNO** Council meeting will be held next month; items to be discussed are how EU policy impacts nursing, the recognition of qualifications and free movement of CCN in Europe.

4 **MICE-ICU Erasmus+ project** is funded by the EU and started 1 October 2016. A partnership of six professional groups was set up to achieve the goal namely to increase the competencies in cultural sensitive care amongst Critical Care Nurses in Europe. A course on cultural sensitive care and a position statement on culturally sensitive care in ICU are the planned outcomes. EfCCNa as a strategic partner will attend the first meeting which will be held in November in Poland.

New Council  
Member

8 **WFCCN** – published the *Brisbane Declaration*: a position statement on culturally sensitive Critical Care; their next congress will be in Rio de Janeiro, Brazil in 2017

EfCCNa and its  
Members: Denmark

9 **Pain Management and Standard Development** – the guideline on Pain Management is finished now; it is more like a recommendation with links to official pain sites

EfCCNa and its  
Members: Finland

11 **Research projects** - The weaning from ventilation project started at the Valencia congress as a result of the Knowledge Café; four participating groups from different European countries looking on how nurses are involved in the weaning process and on inter-professional collaboration. The interview data are being analysed and we should hear results early in 2017.

Congress Calendar

12 **Congress 2017**- scientific programme consists of more than 80 talks so far, 3 key note speakers and a global session with EfCCNa, ESICM, WFCCN, SCCM concerning hot topics affecting Critical Care. Social activities during the congress are a President`s lunch, a welcome reception at the City Hall and at Friday night the party at the Titanic museum.





## Taking the temperature of Belfast in February 2017

Registration is increasing every day and more nurses will register before the early fee ends November 30. The program is still preliminary but all the acceptances of submitted abstract have been sent out.

Now starts the next phase for the scientific committee, to slot the abstracts in to different themes. The final program will include oral speakers, workshops, symposia, master classes and posters. The congress will bring new research, ideas and good examples of clinical practise. Things you can bring home and share with your colleges.

The congress will also give everyone an opportunity to meet with experts from medical companies. They will display their merchandise and introduce Intensive Care Nurses to new products. Some provide workshops with learning sessions.

Do no hesitate to join one of the hospital visits and get a grip on how the ICUs are organised in Northern Ireland.



On Wednesday evening everyone is invited for a welcome drink at the City Hall of Belfast where we will meet the Lord Mayor of Belfast.

The Congress opening ceremony will start at 9 am on Thursday morning and after that there will be a variety of different sessions to choose from in the program.

The Titanic Museum Belfast is the location where we will party. You will enjoy your dinner in a fantastic historical environment. So do not forget to buy your ticket when you register for the congress.

So then, what about the temperature:

Well I would say it is pretty high and still rising.



*Eva Barketad Chair of the congress group and the EfCCNa Congress Group*

### Key Facts:

- \* Congress dates: 15 - 18 February 2017
- \* **Early bird registration deadline: 30 November 2016**
- \* Regular Registration: until 1 February 2016
- \* Welcome Reception: 15 February 2017
- \* Dinner Party: 17 February 2017
- \* To see Preliminary Programme [click here](#)

## 7<sup>th</sup> EfCCNa Congress Belfast - Key note Speakers



### Professor Paul Fulbrook

Australian Catholic University and Nursing Director of Research at The Prince Charles Hospital in Brisbane, Australia; President of the World Federation of Critical Care Nurses (WFCCN).

Professor Fulbrook is going to speak during the opening ceremony on February 16, 2017 at 9.00 about '*What's happening in the World of Critical Care?*'



### Professor Leanne Aitken

City University London, London, UK.

Professor Aitken will open the second congress day with her speech on February 17, 2017 at 9.15 about '*Long term psychological and cognitive recovery after critical illness*'



### Professor Stijn Blot

Ghent University Belgium, Faculty of Medicine & Health Sciences; Chair of Nursing & Allied Health Professionals, ESICM.

Professor Blot is talking on Saturday, 18. 2. 2017, 9.30 about '*Antibiotic Therapy in ICU: what nurses should know*'

## 7<sup>th</sup> EfCCNa Congress Belfast - Awards

In order to attract the best abstracts to the EfCCNa Congress we are awarding 3 prizes for the best written abstract and one prize for the best poster.

The 3 abstract awards will be judged by the Scientific Committee prior to the Congress. These prizes will cover free congress registration for the 2019 Congress (worth approx. EUR 450).

The best poster award will be judged by the congress delegates and will provide up to EUR 500 to cover travel or accommodation costs associated with the Belfast Congress.

## 7<sup>th</sup> EfCCNa Congress Belfast - 2<sup>nd</sup> CC-DEN Meeting



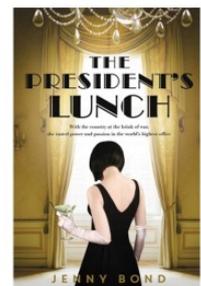
There will be a Critical Care Doctorate European Nurses meeting on 15<sup>th</sup> February 2017 - the day before the EfCCNa congress officially starts.

All members are invited to attend.

We have an international faculty of high profile researchers who will be engaged in discussing their research areas and facilitating discussions.

### President's lunch

- EfCCNa President extends an invitation to the EfCCNa member associations' presidents for lunch
  - To strengthen the membership bonds
  - Enable exchange of information





## Eva Åkerman - new Swedish Council Member



My name is Eva Åkerman and I work as a critical care nurse at Karolinska University Hospital and as a researcher at Karolinska Institutet in Stockholm.

My research is mainly about post ICU follow-up, weaning and sedation. Part of my time I work for the Swedish Intensive Care Registry responsible for post ICU and nursing. In the Swedish association my duties are as a leader for the network of Critical Care Doctoral nurses and the research and development council.

*Welcome to the team!*

## ESNO - European Specialist Nurses Organisation

The joined assembly of European Specialist Nurses Organisation support the Heart Failure Program and call MEP's to sign the written declaration

For more information on the declaration follow the link <http://www.hfpolicynetwork.eu/hfwd/>



**European Specialist Nurses Organisations support the Heart Failure program and Written Declaration**

FLTR: Ulrike Beilenhoff: ESGENA (Gastro-endoscopy), Wendy Preston: ERNA (Respiratory), David Waters: EfcNNA (Intensive Care), Anne Felton: FEND (Diabetes), Hilde Willekens: ESGENA (Gastro-endoscopy), Yvonne van Eijk-Hustings: EULAR (Rheumatology), Françoise Charnay-Sonnek: President, Pascal Rod: IFNA (Anesthesia), Patrick Combret: EONS (Cancer nurses), Ber Oomen: Executive Secretary, Corrine Ward: Skin and Dermatology, Door Lauwaert: EuSEN (Emergency), (Absent, Iris Meyenburg Altwarg: ENDA (Nurse Directors)

[www.esno.org](http://www.esno.org)

## Endorsement on the SIAARTI Statement about the War in Syria



**SIAARTI**  
PRO VITA CONTRA DOLOREM SEMPER

**Subject: statement of the Italian Society of Anaesthesia, Analgesia, Resuscitation and Intensive Care Medicine on the war in Syria.**

In Syria never-ending bombs are currently involving civilian, not only military targets. Several hospitals have been hit, some completely destroyed.

Doctors, nurses and patients died on the scene.

The media informed us that among injured or dead civilians, hundreds are children.

At the same time, several refugees are drowning in the Mediterranean Sea in the extreme attempt to escape from disaster.

Thus, no way out for them: they die if they stay as well as they leave.

In our opinion, this is not only a war – which would be in any case morally not acceptable – this is a true tragedy that can affect the destiny of human beings.

Since the end of World War II, 196 countries acknowledged the principle that civilians should be never considered as a military target.

The Convention of Geneva officially declared this principle, limiting the indiscriminate violence of war. Nevertheless in Syria this limit has been largely exceeded.

Being doctors, we are not only condemning the act of killing civilians, children, and health professionals, but we also recall the Convention of Geneva, respectfully asking all Governments to make every effort for respecting the Convention's principles.

Antonio Corcione  
SIAARTI President

The European federation of Critical Care Nurses association (EfCCNa) fully endorses the SIAARTI's statement about the war in Syria [<http://www.siaarti.it/.../SIAARTI%20-%20Statement%20Syria%20-...>]. The federation, representing 28 national associations of critical care, emergency and anaesthesiology nurses is acutely aware of the horror of the civilian tragedy generated by the war.

It is deeply saddened by the fatalities from ongoing bombing of civilian buildings including hospitals in Syria as well as the many deaths of civilians attempting to cross the Mediterranean to reach safety. We firmly share the concerns and the opinion of SIAARTI that this is morally unacceptable.

The EfCCNa also joins the united call to all Governments to make strenuous efforts to uphold the principles of the Convention of Geneva that civilians should never be considered as military targets.

*Bronagh Blackwood EfCCNa President*

## Turkish Intensive Care Nursing Association 2016

7<sup>th</sup> National Intensive Care Nursing Conference was held by Turkish Intensive Care Nurses Association in Cyprus, in March. The conference was completed successfully with a wide range of attendance from hospitals and universities all around the Turkey and Cyprus. A Comfort in Intensive care Panel had been completed in coordination with Turkish Intensive care Nurses Association and

Sakarya Training and Research Hospital in May. Assist. Prof.

Besey Ören, Assoc. Prof. Gülçin Bozkurt, Assist. Prof. Yasemin Ergün, Nurse Specialist Ebru Kıraner and Nurse Specialist Aycan Kelez Yayık hold a panel in 18<sup>th</sup> National Intensive Care Conference in April.

Turkish Intensive Care Nurses Association supported an education program titled as "Current Approaches in Prevention of Dermatitis Related With Pressure Ulser and Incontinence" which was held by 3M in February 2016.

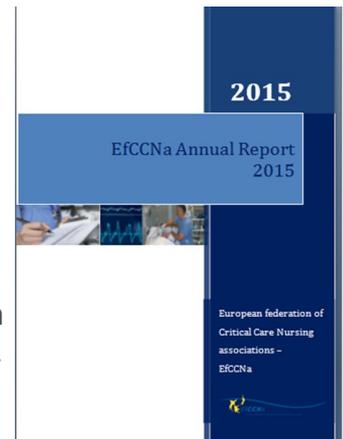


*Besey Ören*

## EfCCNa Annual Report 2015 online

Welcome to this year's annual report and accounts of the federation for the 2015-16 calendar year. Since taking over as President there have been a number of exciting challenges. The new direction that we have taken over the last 12 months has involved a number of fundamental changes in the way we conduct our federation. We revised and released a new strategy [Strategy 2020] where we scrutinized and revised our mission statements. Already we have been successfully meeting our objectives in representing critical care nurses and nursing in Europe; promoting co-operation and collaboration; promoting the art and science of critical care nursing; and establishing standards for education and practice. These successes are highlighted in our achievements on the website (congresses; position statements; education competency tools). In the past year we set new goals and objectives to focus resources and efforts to accomplish more of our mission. These included improving the recognition of critical care as a specialty in Europe; actively engaging in EU health care policy; strengthening our collaborations with other international groups; and seeking new ways of collaborating with industry in partnership. These new goals are being addressed by project groups of EfCCNa Council representatives 'working together'. I am confident that we will be successful in these objectives and that we will provide a stronger and more visible federation that 'achieves more' for the future of critical care nursing in Europe.

*Dr Bronagh Blackwood EfCCNa President*



*Click on the picture to read the whole report*

## Teaching Cardiac Intensive Care Nursing in Tanzania-first impressions

Upon arrival in the airport I felt like I was crossing the border into Sinai. We had to fill out forms and answer questions by the border police. After completing the forms the police take our passports and disappears. We waited for over an hour until we were reunited with our passport. By then our suitcases were waiting for us and we left. Rabam was waiting for us with a sign as we exiting, took us to his car. Driving here is on the left side. We drove through boulevards people walking along the roads carrying wares on their head. We met many police on the way and saw



them stop many cars- for stopping in crosswalks. After arriving at the hotel we quickly organized ourselves and met for a debriefing regarding the start of the intensive care course we will be giving to ICU nurses here in Tanzania. We reviewed the pretest that we designed and then sat with Saleem our driver for the next 2 weeks about a possible safari in the national wild life park this Saturday. Next morning the hotel driver took us to the hospital. Here we met the nursing administration and we have discussed nursing training and intensive care in Tanzania. Very few nurses are university trained, most have diplomas. Only 15 nurses in the entire country have post graduate education in ICU which they have learned outside of Tanzania. Robert, our host and nursing director off this cardiac institute has spent 6 months in Israel training in open heart.

*Julie Benbenishty*





## EfCCNa and its member Societies



### Denmark

<i>Name of the organization</i>	Danish Society of Anaesthesia, Critical Care and Recovery Nurses (DSACCARN/FSAIO). Council Member: Iben Tousgaard
<i>Total number of members</i>	2300
<i>Other professionals besides nurses accepted as members?</i>	no
<i>Congress (frequency; is there a usual month &amp; if so, which month?)</i>	twice a year - March and October
<i>Journal (if yes, name)</i>	"Dråben Danmark" four times a year <a href="http://www.draabendanmark.dk/">http://www.draabendanmark.dk/</a>
<i>Membership fee</i>	43 €/year
<i>Approximate salary (€) for junior CCN in your country</i>	3800 €/month
<i>Average working hours per week</i>	37 h
<i>In your country are there critical care courses that are available after registering as a nurse? If so, please describe their level/s (e.g. diploma, bachelor, master)</i>	Master level, 2 years of education, Minimum 2 years of clinical experience from a hospital ward
<i>Approximate Number of hospitals with adult Intensive Care Units (accepting mechanically ventilated patients)</i>	15
<i>Average Nurse: Patient Ratio during day shift for mechanically ventilated patients</i>	1:1
<i>Most important activity/achievement of the association in the last year</i>	ICPAN's 3rd national congress was held in Denmark September 2015.
<i>Hot topics in Critical Care in your Country</i>	Delirium, patient centred care, infection control, relatives in the ICU/CCU, use of compulsory treatment / physical restraint



## EfCCNa and its member Societies



### Finland

<i>Name of the organization</i>	The Finnish Society of Intensive Care Council Member Kaisa Jacobsson
<i>Total number of members</i>	679 (436 nurse members, 243 physicians)
<i>Other professionals besides nurses accepted as members?</i>	Physicians, physiotherapists, firemen
<i>Congress (frequency; is there a usual month &amp; if so, which month?)</i>	Twice a year two-days lasting congress. Usually in April and in October.
<i>Journal (if yes, name)</i>	Tehohoitolehti, which is published twice a year.
<i>Membership fee</i>	30 €
<i>Approximate salary (€) for junior CCN in your country</i>	2400 €
<i>Average working hours per week</i>	38 hours 15 minutes
<i>In your country are there critical care courses that are available after registering as a nurse? If so, please describe their level/s (e.g. diploma, bachelor, master)</i>	There are no specialisation courses/diploma after graduation for critical care nurses. In university you can study masters degree or PhD.
<i>Approximate Number of hospitals with adult Intensive Care Units (accepting mechanically ventilated patients)</i>	42
<i>Average Nurse: Patient Ratio during day shift for mechanically ventilated patients</i>	1:1
<i>Most important activity/achievement of the association in the last year.</i>	We had very successful congresses last year with many-sided program. We had 300 - 350 delegates in those congresses so we are very happy with this achievement.
<i>Hot topics in Critical Care in your Country</i>	Treatment of Sepsis, AKI. This year we have special program for Head Nurses concerning leadership.

## WFCCN Brisbane Declaration on culturally sensitive Critical Care Nursing

### Position statement on Culturally Sensitive Critical Care Nursing

During the April 2016 joint conference held in Brisbane, Queensland, Australia, the seven members of the WFCCN chaired by Adriano Friganović met to establish a position statement to acknowledge and respond to the cultural needs of vulnerable people in the context of a dynamic world paradigm.

Five central principles were:

1. Critically ill individuals and their families, from culturally diverse backgrounds, have the right to receive culturally sensitive care.
2. Critical care nurses must possess appropriate knowledge, skills and attributes to respect, advocate for, and effectively respond to the cultural needs of critically ill individuals and their family.
3. Critical care nursing education providers should ensure cultural sensitivity is embedded within curricula framework. The critical care nurse has a duty to seek out such information, educate themselves and apply this knowledge with respect and compassion.
4. The critical care nurse should ensure culturally sensitive care is planned and implemented in collaboration with the multidisciplinary team, which is inclusive of the person, families and their chosen cultural advisor(s).
5. Critical care nurses and other members of the multidisciplinary team have a right to have their individual cultural difference acknowledged and respected.

PRESS  
RELEASE  
July 31 2016



### BRISBANE DECLARATION



Adriano Friganović, Chair (Croatia)  
Melissa Bloomer (Australia)  
Holly Northam (Australia)  
Sonja Kalauz (Croatia)  
Ged Williams (United Arab Emirates)  
Violeta Lopez (Singapore)  
Mary Zellinger (United States of America)  
Paul Fulbrook (Australia)

Click  
here  
to read  
the  
complete  
declaration

### Multicultural Care in European ICU (MICE-ICU)

MICE-ICU is a European project with the aim to improve knowledge and skill levels and to raise awareness of critical care nurses in the care of a culturally dissimilar patient.

The project is funded by the EU Erasmus+ programme.

As Europe is getting more and more multicultural, a lack of cultural awareness may be threatening patient's dignity. Medical personnel is not satisfied with information about the cultures residing in Europe and nurses need more courses and trainings concerning caring for a patient from different culture.

The first project meeting took place in Rzeszow, Poland and representatives from six professional groups discussed on how to share responsibilities according to the project plan in order to reach the expected intellectual outcomes:

- \* A position paper on culturally sensitive critical care nursing
- \* An E-learning course on culturally sensitive critical care nursing
- \* A nursing conference on culturally sensitive care

EfCCNa as a strategic partner in this project has set up an internal MICE-ICU project group consisting of Dr. Bronagh Blackwood, Julie Benbenishty, Eva Barkestad, Kaisa Jacobsson, Drago Satosek and Irene Harth.

Aleksandra Gutysz-Wojnicka and Dorota Ozga represent Polish Critical Care Nursing in this project.



**MICE**  
Multicultural Care in European  
Intensive Care Units





# MULTI-CULTURAL CARE IN EUROPEAN ICUs

## A European Intensive Care Project fostered by the European Union

2016 - 2018

### Aim of the Project

- to improve the knowledge, skills and social competence of ICU nurses when caring for a culturally dissimilar patient in the ICU through offering a course on multicultural nursing

### Introduction

- Due to an steadily growing multiculturalism in almost all societies of the world, today multicultural competent nursing is an important part in intensive care.
- This requires that intensive care nurses are skilled in trans-cultural care knowing about the peculiarities of cultures with respect to health care values, beliefs and customs.
- Culturally competent intensive care nurses use their knowledge to provide an individualized cultural sensitive care to their patients.

### Participating Organisations

- Polskie Towarzystwo Pielęgniarek Anestezjologicznych i intensywnej opieki (PTPAIO )
- European federation of Critical Care Nurses associations (EfCCNa)
- Visoka zdravstvena šola v Celju - College of Nursing Celje, Slovenia
- Ostravska Univerzita v Ostrave – Czech Republic
- Assist GmbH Germany
- Danmar Computers Poland

### Expected Outcome

- Position paper on multicultural care intensive care nursing
- E-learning course on multicultural ICU nursing
- Nursing conference on multicultural care

**Congress Calendar 2017** - *click on the logos to get linked*



**37<sup>th</sup> International Symposium  
on Intensive Care and  
Emergency Medicine**

SQUARE - BRUSSELS MEETING CENTER  
MARCH 21-24, 2017



**HARBOUR GRAND KOWLOON  
HONG KONG**

**6-8 APRIL 2017**



www.esicm.org

28<sup>th</sup> Annual Meeting of  
The European Society of Paediatric  
and Neonatal Intensive Care

June 6-9 2017, Lisbon, Portugal

**SAVE THE DATE**




www.espnice.com

13<sup>th</sup> World Congress of Intensive  
and Critical Care Medicine  
**XXII Brazilian Congress of  
Intensive Care Medicine**

**RiO 2017**

November 8-11, 2017 - Rio de Janeiro



**4<sup>TH</sup> INTERNATIONAL CONFERENCE FOR  
PERIANAESTHESIA NURSES**

1<sup>ST</sup> - 4<sup>TH</sup> NOVEMBER 2017  
LUNA PARK, SYDNEY, NSW, AUSTRALIA

*tides of change*



**Efccna**

EXCHANGE  
PROGRAMME

Impressum:

The Efccna Newsletter  
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Email: [info@efccna.org](mailto:info@efccna.org)  
web site: [www.efccna.org](http://www.efccna.org)

